

Psychodrama in the training of practical psychologists

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Abstract

© 2015 Ashgate Publishing Ltd. All rights reserved. The relevance of the studied problem is to find the ways of training the students of psychological faculties for their professional work as practical psychologists. The purpose of the article is to disclose the usage of psychodrama in psychologists' training for their practical activity. The effective aspects of psychodrama experienced personally are defined applying the analysis of the participation in the psychodrama group questionnaires and analyzing psychodrama participants' essays. The principle method of the problem is a phenomenological analysis of written essays of the psychodrama groups' participants. The participants' questionnaires were also used after each psychodrama meeting. As a result of psychodrama training, students can determine their future profession and evaluate their psychological readiness for the practice. Used methods of analysis activate self-analysis of the vocational training results. The materials of the article can be useful for psychodrama directors in assessing their efficiency for group participants.

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Keywords

Phenomenological analysis of the written essays, Practical psychologists vocational training, Psychodrama, The efficiency of psychodrama group for the practical psychologists